



818 5th Ave, Suite 200
Des Moines, IA 50309

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951

Care. No matter what.®



August 2019

Dear [Salutation],

When Alexis came to Planned Parenthood, she was so nervous she was trembling. She was dealing with something she had never dealt with before and she felt scared and unprepared.

But then, something changed. The nurse sat with her and, human to human, told her it was going to be okay. She offered to stay with Alexis and hold her hand.

And when the doctor came in, she told Alexis, you're safe, you're going to be fine, everything's going to be fine.

Later, Alexis told us this visit was the warmest experience she'd ever had in a health care setting. Through tears, she said how grateful she was to be able to go to Planned Parenthood.

"It was the warmest visit I've ever had with any doctor before. We're so lucky to have Planned Parenthood."

-Alexis, Planned Parenthood patient

Every day, people like Alexis walk into Planned Parenthood health centers needing not just care, but compassionate care. You are the reason we can provide this, for every person, every time, no matter what.

[Salutation], your support makes a real difference for real people. You are the community they count on, especially now as Iowa faces the loss of federal family planning funding. Today, I'm asking you to donate [Ask1] to make sure the next person like Alexis can get the compassionate care they deserve.

Right now, some people in power are trying to make it so patients like Alexis can't get the care they need at places like Planned Parenthood. But you can make sure Planned Parenthood is here for good.

Thank you for the strength of your solidarity and the power of your generosity.

With abundant gratitude,

Erin Davison-Rippey
State Executive Director
Planned Parenthood North Central States

P.S. Your generous gift of [Ask1] will help ensure the people in your community can get expert, compassionate care, no matter what. Will you make a gift today?



YES! I Stand with Planned Parenthood!

[Name]

[Address]

[Address 2]

[City], [ST] [ZIP]

- My/our check is enclosed, payable to PPNCS.
- I/we want to be a monthly sustainer. (See reverse.)
- Please charge my credit card. \$ _____
 - Visa
 - MasterCard
 - American Express
 - Discover

Card #: _____ Exp. date: ____ / ____ CVV: _____

Name _____

Signature: _____

Email*: _____

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. [plannedparenthood.org/privacy](https://www.plannedparenthood.org/privacy)*

For more information, to make a gift by phone, or to make a gift of stock, please call **612.821.6190**.
If you prefer, you may donate online: **ppncs.org/donate**

I/We would like to become a monthly sustainer.

My/Our monthly gift*: \$ _____

Credit Card *(Please complete information on reverse.)*

Checking Account Withdrawal

Signature: _____

(required for automatic checking withdrawals)

I've enclosed a voided check

OR checking account numbers provided below:

Routing Number

Checking Account Number

This gift is: In honor of: In memory of:

Please send notification of this honor/memorial gift to:

Name

Street Address

City

State

Zip

I have enclosed a matching gift form from my employer.

I/We have included a gift to PPNCS in my/our estate plan(s).

**Your gift will be paid automatically from your checking account or credit card. You may change or cancel at any time.*

We will send you a summary statement in January.

We only share our donor list with Planned Parenthood Federation of America. If you do not wish to have your name included in these exchanges, please notify us.

Gifts to Planned Parenthood North Central States are tax-deductible to the fullest extent of the law.

Thank you!



671 Vandalia Street, Suite 323
Saint Paul, MN 55114

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951

Care. No matter what.®

August 2019

Dear [Salutation],

When Alexis came to Planned Parenthood, she was so nervous she was trembling. She was dealing with something she had never dealt with before and she felt scared and unprepared.

But then, something changed. The nurse sat with her and, human to human, told her it was going to be okay. She offered to stay with Alexis and hold her hand.

And when the doctor came in, she told Alexis, you're safe, you're going to be fine, everything's going to be fine.

Later, Alexis told us this visit was the warmest experience she'd ever had in a health care setting. Through tears, she said how grateful she was to be able to go to Planned Parenthood.

"It was the warmest visit I've ever had with any doctor before. We're so lucky to have Planned Parenthood."

-Alexis, Planned Parenthood patient

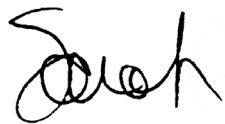
Every day, people like Alexis walk into Planned Parenthood health centers needing not just care, but compassionate care. You are the reason we can provide this, for every person, every time, no matter what.

[Salutation], your support makes a real difference for real people. You are the community they count on, especially now as Minnesota faces the loss of federal family planning funding. Today, I'm asking you to donate [Ask1] to make sure the next person like Alexis can get the compassionate care they deserve.

Right now, some people in power are trying to make it so patients like Alexis can't get the care they need at places like Planned Parenthood. But you can make sure Planned Parenthood is here for good.

Thank you for the strength of your solidarity and the power of your generosity.

With abundant gratitude,



Sarah Stoesz
President and CEO
Planned Parenthood North Central States

P.S. Your generous gift of [Ask1] will help ensure the people in your community can get expert, compassionate care, no matter what. Will you make a gift today?



3105 N 93rd St.
Omaha, NE 68134

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951

Care. No matter what.®



August 2019

Dear [Salutation],

When Alexis came to Planned Parenthood, she was so nervous she was trembling. She was dealing with something she had never dealt with before and she felt scared and unprepared.

But then, something changed. The nurse sat with her and, human to human, told her it was going to be okay. She offered to stay with Alexis and hold her hand.

And when the doctor came in, she told Alexis, you're safe, you're going to be fine, everything's going to be fine.

Later, Alexis told us this visit was the warmest experience she'd ever had in a health care setting. Through tears, she said how grateful she was to be able to go to Planned Parenthood.

"It was the warmest visit I've ever had with any doctor before. We're so lucky to have Planned Parenthood."

-Alexis, Planned Parenthood patient

Every day, people like Alexis walk into Planned Parenthood health centers needing not just care, but compassionate care. You are the reason we can provide this, for every person, every time, no matter what.

[Salutation], your support makes a real difference for real people. You are the community they count on. Today, I'm asking you to donate [Ask1] to make sure the next person like Alexis can get the compassionate care they deserve.

Right now, some people in power are trying to make it so patients like Alexis can't get the care they need at places like Planned Parenthood. But you can make sure Planned Parenthood is here for good.

Thank you for the strength of your solidarity and the power of your generosity.

With abundant gratitude,

Andi Curry Grubb
State Executive Director
Planned Parenthood North Central States

P.S. Your generous gift of [Ask1] will help ensure the people in your community can get expert, compassionate care, no matter what. Will you make a gift today?



624 Main Avenue, Suite 2F
Fargo, ND 58103

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951

Care. No matter what.®

August 2019

Dear [Salutation],

When Alexis came to Planned Parenthood, she was so nervous she was trembling. She was dealing with something she had never dealt with before and she felt scared and unprepared.

But then, something changed. The nurse sat with her and, human to human, told her it was going to be okay. She offered to stay with Alexis and hold her hand.

And when the doctor came in, she told Alexis, you're safe, you're going to be fine, everything's going to be fine.

Later, Alexis told us this visit was the warmest experience she'd ever had in a health care setting. Through tears, she said how grateful she was to be able to go to Planned Parenthood.

"It was the warmest visit I've ever had with any doctor before. We're so lucky to have Planned Parenthood."

-Alexis, Planned Parenthood patient

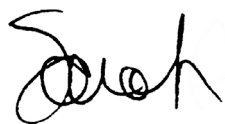
Every day, people like Alexis walk into Planned Parenthood health centers needing not just care, but compassionate care. You are the reason we can provide this, for every person, every time, no matter what.

[Salutation], your support makes a real difference for real people. You are the community they count on. Today, I'm asking you to donate [Ask1] to make sure the next person like Alexis can get the compassionate care they deserve.

Right now, some people in power are trying to make it so patients like Alexis can't get the care they need at places like Planned Parenthood. But you can make sure Planned Parenthood is here for good.

Thank you for the strength of your solidarity and the power of your generosity.

With abundant gratitude,



Sarah Stoesz
President and CEO
Planned Parenthood North Central States

P.S. Your generous gift of [Ask1] will help ensure the people in your community can get expert, compassionate care, no matter what. Will you make a gift today?



6511 West 41st Street
Sioux Falls, SD 57106

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951

Care. No matter what.®

August 2019

Dear [Salutation],

When Alexis came to Planned Parenthood, she was so nervous she was trembling. She was dealing with something she had never dealt with before and she felt scared and unprepared.

But then, something changed. The nurse sat with her and, human to human, told her it was going to be okay. She offered to stay with Alexis and hold her hand.

And when the doctor came in, she told Alexis, you're safe, you're going to be fine, everything's going to be fine.

Later, Alexis told us this visit was the warmest experience she'd ever had in a health care setting. Through tears, she said how grateful she was to be able to go to Planned Parenthood.

"It was the warmest visit I've ever had with any doctor before. We're so lucky to have Planned Parenthood."

-Alexis, Planned Parenthood patient

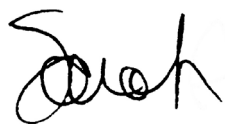
Every day, people like Alexis walk into Planned Parenthood health centers needing not just care, but compassionate care. You are the reason we can provide this, for every person, every time, no matter what.

[Salutation], your support makes a real difference for real people. You are the community they count on. Today, I'm asking you to donate [Ask1] to make sure the next person like Alexis can get the compassionate care they deserve.

Right now, some people in power are trying to make it so patients like Alexis can't get the care they need at places like Planned Parenthood. But you can make sure Planned Parenthood is here for good.

Thank you for the strength of your solidarity and the power of your generosity.

With abundant gratitude,



Sarah Stoesz
President and CEO
Planned Parenthood North Central States

P.S. Your generous gift of [Ask1] will help ensure the people in your community can get expert, compassionate care, no matter what. Will you make a gift today?



818 5th Ave, Suite 200
Des Moines, IA 50309

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951



Care. No matter what.®



"I was so nervous I was trembling. But then, the nurse sat with me and told me I was going to be okay."

-Alexis, Planned Parenthood patient

[Salutation], will you make a gift of [Ask1] today?

I want to tell you what happened when I went to Planned Parenthood.

When I got to the clinic, I was so nervous I was trembling. I was dealing with something I had never dealt with before and I felt unprepared.

But then, the nurse sat with me and, human to human, told me it was going to be okay. She offered to stay with me and hold my hand.

And when the doctor came in, I had the warmest visit I've ever had with a doctor before. She said, you're safe, you're going to be fine, everything's going to be fine.

[Salutation], we're so lucky to have Planned Parenthood.

Some people are trying to make it so folks like you and me can't get the health care we need at places like Planned Parenthood. But as long as we keep standing together, we can make sure that Planned Parenthood is here for good.

*Stats based on FY2018 data

Your donation of [Ask1] helps patients like Alexis get the care they deserve.



20,789 patients served in Iowa*



42,355 tests for sexually transmitted infections*



40,564 people reached through our sex ed programs*

- My gift is enclosed. Please make checks payable to PPNCs.
Please charge my credit card. Please charge my credit card for a monthly gift \$

Card #: Exp. date: / CWV:

Name

Signature:

Cell Phone*:

Email**:

Donors of \$500 or more will be acknowledged in the next Annual Report. Please print your name as you wish it to appear:

Planned Giving

I have included Planned Parenthood in my will.

To donate online, go to www.ppnccs.org/give or, call us at 612-821-6190. Gifts to Planned Parenthood North Central States are tax deductible to the fullest extent of the law.

*By providing my phone number, I agree to receive calls and texts to this number from Planned Parenthood organizations that may be automatically dialed or prerecorded on Planned Parenthood issues and other ways to get involved. Msg freq varies. STOP to quit. Msg & Data Rates May Apply. plannedparenthood.org/privacy

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. plannedparenthood.org/privacy



671 Vandalia Street, Suite 323
Saint Paul, MN 55114

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951



Care. No matter what.®



"I was so nervous I was trembling. But then, the nurse sat with me and told me I was going to be okay."

-Alexis, Planned Parenthood patient

[Salutation], will you make a gift of [Ask1] today?

» I want to tell you what happened when I went to Planned Parenthood.

When I got to the clinic, I was so nervous I was trembling. I was dealing with something I had never dealt with before and I felt unprepared.

But then, the nurse sat with me and, human to human, told me it was going to be okay. She offered to stay with me and hold my hand.

And when the doctor came in, I had the warmest visit I've ever had with a doctor before. She said, you're safe, you're going to be fine, everything's going to be fine.

[Salutation], we're so lucky to have Planned Parenthood.

Some people are trying to make it so folks like you and me can't get the health care we need at places like Planned Parenthood. But as long as we keep standing together, we can make sure that Planned Parenthood is here for good.

*Stats based on FY2018 data
**Stats based on FY2019 data

Your donation of [Ask1] helps patients like Alexis get the care they deserve.



72,205 patients served in Minnesota*



162,709 tests for sexually transmitted infections*



43,156 people reached through our sex ed programs**

- My gift is enclosed. Please make checks payable to PPNCs.
- Please charge my credit card. Please charge my credit card for a monthly gift

Card #: _____ Exp. date: _____

Name _____

Signature: _____

Cell Phone*: _____

Email**: _____

Donors of \$500 or more will be acknowledged in the next Annual Report. Please print your name as you wish it to appear:

Planned Giving

- I have included Planned Parenthood in my will.
- I would like to include Planned Parenthood in my will.

To donate online, go to www.ppnccs.org/give or, call us at 612-821-6190. Gifts to Planned Parenthood North Central States are tax deductible to the fullest extent of the law.

*By providing my phone number, I agree to receive calls and texts to this number from Planned Parenthood organizations that may be automatically dialed or prerecorded on Planned Parenthood issues and other ways to get involved. Msg freq varies. STOP to quit. Msg & Data Rates May Apply. plannedparenthood.org/privacy

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. plannedparenthood.org/privacy



3105 N 93rd St.
Omaha, NE 68134

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951



Care. No matter what.®



"I was so nervous I was trembling. But then, the nurse sat with me and told me I was going to be okay."

-Alexis, Planned Parenthood patient

[Salutation], will you make a gift of [Ask1] today?

» I want to tell you what happened when I went to Planned Parenthood.

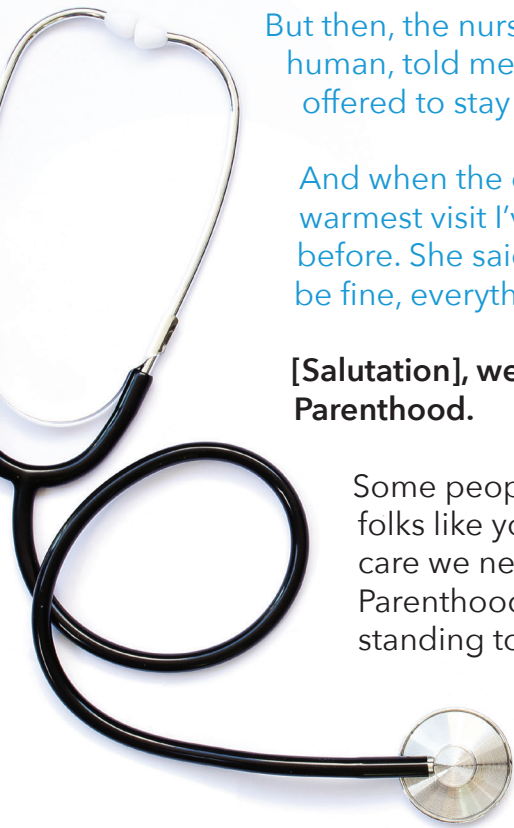
When I got to the clinic, I was so nervous I was trembling. I was dealing with something I had never dealt with before and I felt unprepared.

But then, the nurse sat with me and, human to human, told me it was going to be okay. She offered to stay with me and hold my hand.

And when the doctor came in, I had the warmest visit I've ever had with a doctor before. She said, you're safe, you're going to be fine, everything's going to be fine.

[Salutation], we're so lucky to have Planned Parenthood.

Some people are trying to make it so folks like you and me can't get the health care we need at places like Planned Parenthood. But as long as we keep standing together, we can make sure that Planned Parenthood is here for good.



*Stats based on FY2018 data

Your donation of [Ask1] helps patients like Alexis get the care they deserve.



8,495 patients served in Nebraska*



14,922 tests for sexually transmitted infections*



13,709 people reached through our sex ed programs.*

- My gift is enclosed. *Please make checks payable to PPNCs.*
- Please charge my credit card. Please charge my credit card for a monthly gift

Card #: _____ Exp. date: _____

Name _____

Signature: _____

Cell Phone*: _____

Email**: _____

Donors of \$500 or more will be acknowledged in the next Annual Report. Please print your name as you wish it to appear:

Planned Giving

- I have included Planned Parenthood in my will.
- I would like to include Planned Parenthood in my will.

To donate online, go to www.ppnccs.org/give or, call us at 612-821-6190. Gifts to Planned Parenthood North Central States are tax deductible to the fullest extent of the law.

*By providing my phone number, I agree to receive calls and texts to this number from Planned Parenthood organizations that may be automatically dialed or prerecorded on Planned Parenthood issues and other ways to get involved. Msg freq varies. STOP to quit. Msg & Data Rates May Apply. plannedparenthood.org/privacy

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. plannedparenthood.org/privacy



624 Main Avenue, Suite 2F
Fargo, ND 58103

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951



Care. No matter what.®



"I was so nervous I was trembling. But then, the nurse sat with me and told me I was going to be okay."

-Alexis, Planned Parenthood patient

[Salutation], will you make a gift of [Ask1] today?

» I want to tell you what happened when I went to Planned Parenthood.

When I got to the clinic, I was so nervous I was trembling. I was dealing with something I had never dealt with before and I felt unprepared.

But then, the nurse sat with me and, human to human, told me it was going to be okay. She offered to stay with me and hold my hand.

And when the doctor came in, I had the warmest visit I've ever had with a doctor before. She said, you're safe, you're going to be fine, everything's going to be fine.

[Salutation], we're so lucky to have Planned Parenthood.

Some people are trying to make it so folks like you and me can't get the health care we need at places like Planned Parenthood. But as long as we keep standing together, we can make sure that Planned Parenthood is here for good.

*Stats based on FY2018 data
**Stats based on FY2019 data

Your donation of [Ask1] helps patients like Alexis get the care they deserve.



2,566 people reached through our sex ed programs**



Nearly **60%** of patients served at the Moorhead health center are North Dakota residents



11,939 tests for sexually transmitted infections at the Moorhead health center*

- My gift is enclosed. Please make checks payable to PPNCs.
- Please charge my credit card. Please charge my credit card for a monthly gift

Card #: _____ Exp. date: _____

Name _____

Signature: _____

Cell Phone*: _____

Email**: _____

Donors of \$500 or more will be acknowledged in the next Annual Report. Please print your name as you wish it to appear:

Planned Giving

- I have included Planned Parenthood in my will.
- I would like to include Planned Parenthood in my will.

To donate online, go to www.ppnccs.org/give or, call us at 612-821-6190. Gifts to Planned Parenthood North Central States are tax deductible to the fullest extent of the law.

*By providing my phone number, I agree to receive calls and texts to this number from Planned Parenthood organizations that may be automatically dialed or prerecorded on Planned Parenthood issues and other ways to get involved. Msg freq varies. STOP to quit. Msg & Data Rates May Apply. plannedparenthood.org/privacy

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. plannedparenthood.org/privacy



6511 West 41st Street
Sioux Falls, SD 57106

Non-Profit
Organization
U.S. Postage

PAID

Omaha, NE
Permit No. 951



Care. No matter what.®



"I was so nervous I was trembling. But then, the nurse sat with me and told me I was going to be okay."

-Alexis, Planned Parenthood patient

[Salutation], will you make a gift of [Ask1] today?

» I want to tell you what happened when I went to Planned Parenthood.

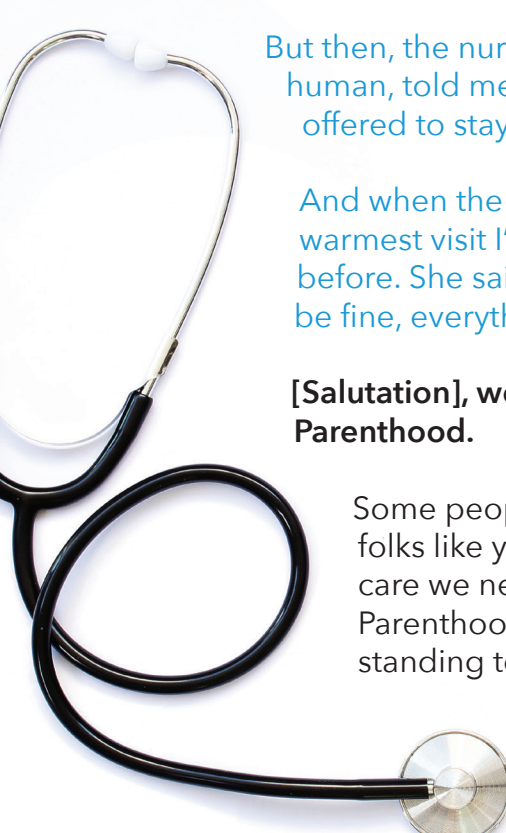
When I got to the clinic, I was so nervous I was trembling. I was dealing with something I had never dealt with before and I felt unprepared.

But then, the nurse sat with me and, human to human, told me it was going to be okay. She offered to stay with me and hold my hand.

And when the doctor came in, I had the warmest visit I've ever had with a doctor before. She said, you're safe, you're going to be fine, everything's going to be fine.

[Salutation], we're so lucky to have Planned Parenthood.

Some people are trying to make it so folks like you and me can't get the health care we need at places like Planned Parenthood. But as long as we keep standing together, we can make sure that Planned Parenthood is here for good.



*Stats based on FY2018 data

Your donation of [Ask1] helps patients like Alexis get the care they deserve.



1,452 patients served in South Dakota*



1,395 tests for sexually transmitted infections*



661 units of contraceptives provided*

- My gift is enclosed. *Please make checks payable to PPNCs.*
- Please charge my credit card. Please charge my credit card for a monthly gift

Card #: _____ Exp. date: _____

Name _____

Signature: _____

Cell Phone*: _____

Email**: _____

Donors of \$500 or more will be acknowledged in the next Annual Report. Please print your name as you wish it to appear:

Planned Giving

- I have included Planned Parenthood in my will.
- I would like to include Planned Parenthood in my will.

To donate online, go to www.ppnccs.org/give or, call us at 612-821-6190. Gifts to Planned Parenthood North Central States are tax deductible to the fullest extent of the law.

*By providing my phone number, I agree to receive calls and texts to this number from Planned Parenthood organizations that may be automatically dialed or prerecorded on Planned Parenthood issues and other ways to get involved. Msg freq varies. STOP to quit. Msg & Data Rates May Apply. plannedparenthood.org/privacy

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. plannedparenthood.org/privacy

Thank you
for your
gift of
postage



Planned Parenthood North Central States
671 Vandalia Street, Suite 323
Saint Paul, MN 55114

Thank you
for your
gift of
postage



Planned Parenthood North Central States
PO Box 4557
Des Moines, IA 50305-4557



YES! I Stand with Planned Parenthood!

[Name]

[Address]

[Address 2]

[City], [ST] [ZIP]

My/our check is enclosed, payable to PPNCS.

I/we want to be a monthly sustainer. (See reverse.)

Please charge my credit card. \$ _____

Visa MasterCard American Express Discover

Card #: _____ Exp. date: ____ / ____ CCV: _____

Name _____

Signature: _____

Email*: _____

**By providing my email address, I agree to receive email updates from Planned Parenthood organizations. I may unsubscribe at any time. [plannedparenthood.org/privacy](https://www.plannedparenthood.org/privacy)*

For more information, to make a gift by phone, or to make a gift of stock, please call **612.821.6190**.
If you prefer, you may donate online: **[ppnecs.org/donate](https://www.ppnecs.org/donate)**

I/We would like to become a monthly sustainer.

My/Our monthly gift*: \$ _____

Credit Card *(Please complete information on reverse.)*

Checking Account Withdrawal

Signature: _____

(required for automatic checking withdrawals)

I've enclosed a voided check

OR checking account numbers provided below:

Routing Number

Checking Account Number

This gift is: In honor of: In memory of:

Please send notification of this honor/memorial gift to:

Name

Street Address

City

State

Zip

I have enclosed a matching gift form from my employer.

I/We have included a gift to PPNCs in my/our estate plan(s).

**Your gift will be paid automatically from your checking account or credit card. You may change or cancel at any time.*

We will send you a summary statement in January.

We only share our donor list with Planned Parenthood Federation of America. If you do not wish to have your name included in these exchanges, please notify us.

Gifts to Planned Parenthood North Central States are tax-deductible to the fullest extent of the law.

Thank you!